



CHURCH OF ST THOMAS, THE APOSTLE
Jalan Gambut, 25000, Kuantan, Pahang

Parish Priest: Rev. Fr. George Packiasamy

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SATURDAY, 21 FEBRUARY 2026 – SUNDAY, 1 MARCH 2026

SAT 21 **FIRST SUNDAY OF LENT (Psalter Week I)**
10.00 am **Rosary, Mass & Anointing of the Sick**
5.30 pm **Novena to OLPH & Benediction**
6.00 pm **Mass (ENG / Tamil)**
TKSG Joseph Kanawadi & family, Mala Kenneth & family, Jimmy & Rosita, Sara Lee, Imanuel & family.
SP. INT Gabrielle Chew, Martha Lim, Jillian Mathews, Pamela Mathews, Jaimie Lee Ren Hui & family, Maria Singarajah, Bakiam, Joan Wong & family, Veronica Kan.
R.I.P Mary Magdalene Ng, Deceased members of Daneal's family, Anne Rosa Magdaline Daneal, David Chan Sin Meng, Catherine Yep, Cannie Ng Hong Fong, Dato' Matthew Lim, Christopher Selvaraj, Singarajah & Mary Rasamah, Dato Bodi, Nisha Mechel, Doris Fernandez.

SUN 22 **FIRST SUNDAY OF LENT (Psalter Week I)**
8.00 am **Rosary (ENG / BM)**
8.30 am **Mass for the People in ENG / BM**
10.00 am **Rosary (Mandarin)**
10.30 am **Mass in Mandarin**
TKSG Anna Thong & family, Mona & family, Rose Wong Mui Heong, Alberto family, Jonathan & Dorcas, Margaret Chan & family, Dr. S. Joseph & family, Edwin Mohan & family, Theresa Ko, Annie Cheong & family, Ng Soon Kuan & family, Dato Leonard Lee, Peter & Regina Kang, Datin Mary Lim & family, Monica Irene (good health & safety).
SP. INT Gabrielle Chew, Martha Lim, Jaimie Lee Ren Hui & family, Connie & family, Sagaya & family, Charmaine Gurdev, Sonia Gurdev, Datin Mary Lim & family, Joseph Chooi & family, Vinxern Yong & family, Ericson & Trac, Brent Aiden Jeffer.
R.I.P Souls in purgatory, Louisa Liew, Luke Liew, Martin D'Souza, Beryl D'Souza, Carol Rodrigues, Luke Krishnan, Dr. Patrick Liew, Mary Almeida, Christine Yap, Nancy Luo Yann Taur, Mary Cheok, Catherine Yep, Joshua & Angela Ngiau, Nelly Chin, Amy Wong, Mr/s Aloysius Chin Chong Foo, Mary Magdalene Ng, Deceased member of Thomas Thong's family, Tony Gurdev, Isaac Ng, Augustine Ng Aik Huat, Cannie Ng Hong Fong, Deceased members of Wong & Ng family, Michele Wong Chong Yin, Kevin Loh Man Choon, Laura Woo, Lawrence Jude Ban, Valerie Tan Sok Hong, Anthony Gomez, Kenneth Chan, Lee Mary, Dato Matthew Lim, Nisha Mechel, Kan Tong Loy, Stephanie Chua, Lee Mary, Peter Yap.

MON 23 **1ST WEEK OF LENT (Psalter Week I)**
NO MASS IN THE CHURCH (all Mass intentions will be offered privately)
SP.INT Gabrielle Chew, Martha Lim, Jaimie Lee Ren Hui & family.
R.I.P Mary Magdalene Ng, Catherine Yep, Dato' Matthew Lim.

TUE 24 **1ST WEEK OF LENT (Psalter Week I)**
NO MASS IN THE CHURCH (all Mass intentions will be offered privately)
TKSG James Leong Theng Aik, Francis Leong, Datin Mary Lim & family, Joel & Jessie.
SP.INT Gabrielle Chew, Martha Lim, Jaimie Lee Ren Hui & family, Datin Mary Lim & family.
R.I.P Mary Magdalene Ng, Catherine Yep, Dato' Matthew Lim, Theresa K.Y Wong.

WED 25 **1ST WEEK OF LENT (Psalter Week I)**
NO MASS IN THE CHURCH (all Mass intentions will be offered privately)
TKSG Datin Mary Lim & family, Joanne Imanuel.
SP.INT Gabrielle Chew, Martha Lim, Jaimie Lee Ren Hui & family, Datin Mary Lim & family.
R.I.P Mary Magdalene Ng, Catherine Yep, Dato' Matthew Lim

THUR 26 **1ST WEEK OF LENT (Psalter Week I)**
6.30 am **Lauds (Morning Prayer) / 6.45 am - Mass**
SP.INT Gabrielle Chew, Martha Lim, Jaimie Lee Ren Hui & family.
R.I.P Mary Magdalene Ng, Catherine Yep, Dato' Matthew Lim.

FRI 27 **1ST WEEK OF LENT (Psalter Week I)**
7.30 pm **The Station of Cross, followed by Mass**
SP.INT Gabrielle Chew, Martha Lim, Jaimie Lee Ren Hui & family.
R.I.P Mary Magdalene Ng, Catherine Yep, Dato' Matthew Lim, Kannie Nallagaunder.

SAT 28 **SECOND SUNDAY OF LENT (Psalter Week II)**
5.30 pm **Novena to OLPH & Benediction**
6.00 pm **Mass (ENG / Tamil)**

SUN 1 **SECOND SUNDAY OF LENT (Psalter Week II)**
8.00 am **Rosary (Eng / BM)**
8.30 am **Mass for the People in Eng / BM**
10.00 am **Rosary (Mandarin)**
10.30 am **Mass in Mandarin**

MONTHLY CLERGY RECOLLECTION

There will be Monthly Clergy Recollection from Monday, 23 February to Wednesday, 25 February 2026, in Archdiocese Pastoral Centre, Kuala Lumpur. There will be no morning Masses on these three days. Father George will offer all Mass intentions during the recollection.

THE STATIONS OF THE CROSS

Throughout the season of Lent, we will hold the Stations of the Cross every Friday at 7.30 pm in four different languages, followed by the Eucharistic celebration.

Below are the ministries who are in-charge:

LENT WEEK	DATE	TIME	MINISTRIES
2 nd Friday	27 Feb	7.30 pm	Catechist
3 rd Friday	6 March	7.30 pm	Youth
4 th Friday	13 March	7.30 pm	HC. Minister
5 th Friday	20 March	7.30 pm	PPC & PFC
6 th Friday	27 March	7.30 pm	Prayer Group
Good Friday	3 April	12.00 pm 7.30 pm	Legion of Mary SVDP

RITE OF ELECTION (ROE)

The ROE will be held on Sunday, 1 March 2026 (2nd Sunday of Lent) at the Cathedral of St John, Kuala Lumpur at 3.00 pm. Prior to this, there will be a Rite of Sending of Catechumens (14 candidates - 3 English, 1 Mandarin and 10 Bahasa) during the Sunset Mass on 28 February 2026 at 6.00 pm.

CCR PRAYER MEETING

Prayer Meeting on every 2nd and 4th Mondays of the month at St Giles' room from 8.00 pm to 9.30 pm. We invite every Parishioners (families, friends, BECs and various ministries) to join us in the Praise and Worship and in the sharing of the Word of God. All are welcome!

WOMEN'S DESK GATHERING

In conjunction with International Women's Day on 8 March, the Women's Desk Ministry will be celebrating it in advance this year on Saturday, 28 February 2026 at 10.00 am at the St. Giles' Room, followed by lunch at 12.30 pm at the breakfast corner. All are warmly welcome.

BECCOT MEETING

There will be a BECCOT meeting on Wednesday, 4 March 2026 at 8.00 pm at St. Giles' room. All BEC leaders are encouraged to attend.

LENT PENITENTIAL SERVICE 2026 (East Cost)

Date	Time	Church
Wed, 4 March	7.30 pm	Sacred Heart, Bentong
Thur, 5 March	8.00 pm	St. Thomas, Kuantan
Fri, 6 March	10.00 am 1.00 pm 5.00 pm	Catholic Mission, KT Dungun, KT Kemaman, KT
Wed, 11 March	8.00 pm	OLPH, Mentakab

LENTEN SPIRITUAL FORMATION

Theme : "IN THE ONE, WE ARE ONE"
 Date : Friday, 6 March - Sunday, 8 March 2026
 Contact : Anna Thong (0179898188) / Sheila (0139351918)

The Family Life Ministry of Archdiocese of KL will be conducting the above programme. Kindly contact the person in charge for more information.

MASS COLLECTION

Mass collection on 14 & 15 February - RM 2,861.00

CONVERSION THROUGH LISTENING AND FASTING

In his first Lenten message for 2026, Pope Leo XIV encourages the entire Church to rediscover Lent as a time to refocus on God at the centre of our lives. When God is at the centre, our hearts are renewed and freed from anxiety and distraction. He reminds us that Lent is a motherly gift from the Church – a sacred season that calls us back to God and to a deeper relationship with Christ.

The Holy Father emphasises two key aspects of conversion: listening and fasting.

First, listening. Every conversion begins when the Word of God touches our hearts, inspiring us to a deeper connection with God and with each other. Pope Leo reminds us that God Himself listens: He hears the cry of His people and responds with love and a desire to free us. When we listen to Scripture, we also become more attuned to the cries of the poor, the suffering, and those who are wounded in our world. True listening opens our hearts, deepens our compassion and leads us closer to Christ.

Second, fasting. Fasting is more than abstaining from food. It prepares our hearts to receive God's Word, recognises what we truly hunger for, purifies our desires, and directs us towards God and goodness. Drawing on Saint Augustine, Pope Leo reminds us that our earthly life is a time of holy hunger – a longing for justice, holiness and God Himself. Fasting expands the soul and strengthens our commitment to live responsibly and lovingly for others.

The Holy Father suggests a practical form of fasting: abstaining from hurtful words. He urges us to avoid harsh words, gossip, and rash judgment, and instead, to cultivate kindness, respect, and encouragement – in our homes, workplaces, on social media, and in our communities. By doing so, words driven by anger can be replaced with those of hope and peace.

How can we live this message in our Parish community, this Lent?

1. Listen daily to God's Word. Spend at least a few minutes each day reading the Scripture. Let God speak to your heart in silence.

2. Practice meaningful fasting. Besides fasting from food, fast from negative habits – excessive screen time, impatience, complaining or gossip.

3. Fast from hurtful words. Make a conscious effort to speak kindly. Choose encouragement over criticism.

4. Care for the needy. Let your fasting lead to charity. Share your time, food and resources with the poor and the lonely.

5. Walk together as a Parish community. Attend Mass, Stations of the Cross and Parish devotions. Pray and journey together as one family of faith.

May this Lent be a grace-filled time for all of us—a time to listen more deeply, fast more sincerely and love more generously. Let us journey together towards Easter with renewed hearts and a stronger commitment to Christ.